



MERITAINSM
HEALTH

An Aetna Company



Adding Eligible Dependents to Your Plan

Life can change fast—that's why your health benefits are set up to grow with you and your family.

You can make changes to your health insurance coverage outside of your open enrollment period when certain events happen in your life. These chances to make changes are called special enrollment periods.

A special enrollment event can include:

- Involuntary loss of other benefits
- Marriage
- Birth
- Adoption
- Placement of a child in your home for adoption

It's important to make your changes as soon as possible

You have 60 days from the special enrollment qualifying event to submit your enrollment form with your needed changes to your employer. Even if you don't have all of the paperwork yet (e.g., marriage or birth certificate, or Social Security number for a newborn), that's okay—just fill out your form and turn it in as soon as possible. You can submit the supporting paperwork once you receive it.

If you don't submit the form within 60 days, the changes will not be made to your plan, meaning if you're adding a dependent, they will not be covered. You'll have to wait for the next open enrollment period to add dependents or make changes to your benefits.

Questions? Just call Meritain Health at the number at 1.866.808.2609.